







KYORUGI - G-1

FEBRUARY 09-14, 2024

ANTALYA









Dear Ms./Mr. President,

On behalf of the Turkiye Taekwondo Federation, I am proud to invite you and your athletes to participate in the 11th Turkish Open Taekwondo Tournament(Kyorugi), which will be held in Antalya, Turkiye, February 09-14, 2024.

Turkish Open is granted as WT G1 as well.

We guarantee high quality organization and competition – with the best international referees in order to guarantee maximum transparency, fairplay & impartiality for the athletes.

On behalf of the Organizing Committee, we would like to ensure that every possible effort will be made to provide a successful tournament of the highest technical level.

I look forward to seeing you in Ankara, Turkiye

Yours faithfully,

Prof. Dr. Metin ŞAHİN President

Turkiye Taekwondo Federasyonu







WHATSAPP GROUP QR CODE

11th Turkish Open 2024 WhatsApp Group



WhatsApp Group Link:

https://chat.whatsapp.com/LtVT04rR5w0Ejt3yQ0ddBd

To participate in WhatsApp Group, please enter in WhatsApp application and scan QR Code or just click the link above. Every update will be published in the group.

ORGANIZATION

Promoter President Organizing MNA

Telephone

E-mail

Website

Turkiye Taekwondo Federasyonu

Prof. Dr. Metin ŞAHİN

Turkiye Taekwondo Federasyonu

0090 312 310 88 16 / 0090 535 575 27 00 /

tkdturkiyeopen@gmail.com

http://www.turkiyetaekwondofed.gov.tr/

VENUE

City Antalya

Venue Antalya Spor Salonu (10.00 Kisilik Kapali Spor Salonu) **Adress** Antalya Spor Salonu (10.00 Kisilik Kapali Spor Salonu),

> Meltem, 07030 Muratpaşa, Antalya/Turkiye https://maps.app.goo.gl/BXKPHSESk6E7g1ab7

11th Turkish Open Kyorugi – G-1 | 09-14 February 2024 | Antalya / Turkiye







CONTESTANTS

Categories Cadets Male and Female 12 - 14 Years

Juniors Male and Female 15 - 17 years
Seniors Male and Female 17 year and older

(Juniors born in 2007 compete either as a junior or as a senior.)

Competing in both categories is not allowed.)

Global Ranking SENIORS: G1

JUNIORS: E2 CADETS: E2

Ages SENIORS: An athlete must be born in 2007 and older (+17 years)

JUNIORS: Year of Birth (2007- 2009) CADETS: Year of Birth (2010 - 2012)

Weight Divisions Senior Male: -54, -58, -63, -68-74, -80, -87, +87.

Senior Female: -46, -49, -53, -57, -62, -67, -73, +73.

Junior Male: -45, -48, -51, -55, -59, -63, -68, -73, -78, +78.

Junior Female: -42, -44, -46, -49, -52.-55, -59, -63, -68, +68.

Cadet Male: Will be Height Classified, See the Attachment Will be Height Classified, See the Attachment

RULES

Method of Competition Competition will be WT Rules. Single elimination tournament.

Seeding Seniors will be seeded according to February 2024 WT ranking list.

WT Global Licence All participants must have a valid 2024 WT Global Licence in order to

participate at this event. Please contact your MNA or club admin to apply for the WT Global Licence. There will be **NO** World Taekwondo Global

Licenses registration onsite.

Contest Time: i. Seniors: 2-minute x 3 rounds with 1 minute break

ii.Juniors :1.30-minute x 3 rounds with 1 minute break iii. Cadets: 1.30-minute x 2 rounds with 1 minute break

(Contest times could be adjusted according to WT TD Decisions)

NOTE: WT Global Licence is mandatory for all age categories

Belt Requirements For Senior, Juniors and Cadets: 1. GUP above.

11th Turkish Open Kyorugi - G-1 | 09-14 February 2024 | Antalya / Turkiye





Protective Equipment & Uniform

The participants shall wear the WT recognized Taekwondo Uniform. **Daedo PSS** will be used at this Tournament and will be provided by the OC. All athletes must bring their own Daedo sensor socks.

All the players must bring their own full equipment except body protector. Groin/Forearm/shin guards and Gloves are compulsory and must be brought by the contestants.

Mouth piece is compulsory! (Only white or transparent) Cadets with flexi glass has to have a mouth piece mandatory.

ACCREDITATION

- Registration will be in the stated Sports Hall.
- Only Team Representative/MNA Official will be allowed to enter in accreditation room.
- Accreditation center will be working between 08:00 18:00
- For VIP/FAST Accreditation Process please download the Excel file on SimplyCompete/Documents section called VIP_FAST Accreditation for 11th Turkish Open Taekwondo Tournament and book a slot and check it regularly on https://docs.google.com/spreadsheets/d/1mFcllbXoLMsYsGDZzqqGiC1G32MZxROibC60gmy_JDM/edit?usp=sharing

Team Status: Confirmed (time slot has been booked)

Completed= Yes (Proof of payment is sent to tkdturkiyeopen@gmail.com and the OC is approved that amount is received)

Completed= No (Proof of payment not sent to tkdturkiyeopen@gmail.com)

REGISTRATION

Applications

To register and login to the service, please use this link:

https://worldtkd.simplycompete.com/

DEADLINE FOR APPLICATIONS&PAYMENTS: AT LATEST 01, February 2024, 18:00 Istanbul time

There will be **NO** Onsite Registration.

IMPORTANT: If the athlete registered online does not take part in the competition for some reason, but he/she has not been removed from the list of participants/team before **deadline** (**February 01, 2024**) his/her team officially must fully (%100) pay his/her entry fee for the participation or else athlete/athletes from their team cannot participate in the tournament. Registration fee payments should be **completed** on February 01, 2024; please consider the SWIFT durations.

11th Turkish Open Kyorugi – G-1 | 09-14 February 2024 | Antalya / Turkiye







Entry Fee and Payment:

Early Bird Fee- 100 EURO per competitor registered and paid by bank before 1st of January 2024

Regular Entry Fee - 120 EURO per competitor registered and paid after 1st of January 2024

Entry fees: The OC shall collect the entry fees from the participating national teams. The national team shall pay an **entry fee by via bank transfer** and the Athletes shall not be allowed to compete without successful payment of entry fee to the Organizing Committee.

Please send the SWIFT MT103 Document to tkdturkiyeopen@gmail.com

After you send the the SWIFT MT103 Document, your payment can be recognized/found easily and you can be informed if the amount you have to pay completely reached to us, and if the amount is not reached to us completely, we will inform you based on our records and you can send the rest of the amount.

Note: Consider the Corresponding Bank Fee, be aware that they can deduct a service fee.

NOTE: Bank transaction expenses should be set to "OUR".

If set to "SHA" then the team may be asked to pay at Registration & Accreditation Centre any differences that may occur at the final amount remitted.

Turkiye Taekwondo Federasyonu has a NO REFUND policy.

All entry fees shall be paid in advance. Cash payments will not be accepted. All bank transfer shall be paid to the following bank account:

Beneficiary: TURKIYE TAEKWONDO FEDERASYONU

Name of the bank: TURKIYE GARANTI BANKASI AS IBAN: TR52 0006 2000 7110 0009 0853 24

BIC/SWIFT: TGBATRISXXX

Bank address: HACI BAYRAM MAH ANAFARTALAR CAD NO:17 ULUS ALTINDAG

ANKARA

Payment reference

TUROPEN2024 plus TEAM NAME

Example

TUROPEN2024 Team Italy

Payment must be done per team or club.

Changes of category after the deadline are allowed - Cost: 50 € except cadets.

Coach Free entrance for 1 coach per 5 participants

Additional Accreditation cards

50 € for each on-site approved additional requested Accreditation card or for registered team officials on the top of the above-mentioned quotas.

Coaches must be at least 18 years old and holder of Level I WT Coach licence







Referees

Only International Referees will be accepted. An official invitation for the referees will be sent to all Federations.

Weigh-in

Weigh-in of the contestants shall be completed the day before their scheduled competition.

Weigh in period could be extended or adjusted by WT TD decision accordingly.

Random weigh-in will be published in http://www.tpss.eu and in WhatsApp Group

During the weigh-in, senior contestants shall wear under pants and female contestants shall wear underpants and brassieres. However, contestants may weigh-in in the nude if they want to do so. **Cadet and junior athletes cannot be nude**. Male contestants shall wear underpants and female contestants shall wear underpants and brassieres.

Drawing of Lots

Drawing of lots session shall be conducted one (1) day prior to the start of the championships and it will be published in **tpss.eu and in WhatsApp Group.**

Classification of Results Individual Awards

Medals will be awarded to the top four athletes in the respective classifications and weight divisions of the pertinent championships:

The medal ceremony will take place IMMEDIATELY after the end of the final fights of certain categories. All fights will take place according to a predetermined schedule.

1st **PLACE**: GOLD MEDAL & CERTIFICATE

2nd PLACE: SILVER MEDAL & CERTIFICATE

3rd PLACE: BRONZE MEDAL & CERTIFICATE

3rd PLACE: BRONZE MEDAL & CERTIFICATE







INSURANCE ETC.

Insurance

The organisation and supervisor assume no responsibility for teams, any damages, violence, loses and injuries during the stay in Turkiye.

All contestants must bring their own documents and forms for any medical treatment in Turkiye. If not, this will have to be paid in cash.

First Aid will be provided by the organization and is only to be used in case of an emergency.

Indemnities

The respective national taekwondo associations shall be responsible for ensuring that all officials and participants are covered with effective insurance coverage.

Participants without proper participation entry forms and effective insurance coverage will not be allowed to compete at the championships.

The Organizing Committee will acquire general insurance, at its own expenses, for all participants of the tournament, including but not limited to contestants and staffs, in the event of any injury and/or damages that may arise during the course of the championships.

Visa Information

You should apply https://www.evisa.gov.tr/en/ by online.







Roles and RULES

The organizer will keep a register that includes contacts of competitors and members of their entourage, officials and professionals, which will facilitate the identification and monitoring of further contacts of potentially infected persons. The keeping of the register will be in accordance with local legislation and regulations, and in accordance with the protection of personal data. By accepting the work, volunteering or registering, all participants undertake to give a statement and accept the conditions prescribed by the organizer.

This rulebook is designed for and binds all participants in the organization who accept the stated instructions by taking over the official accreditation.

Participants/implementation/audience

To facilitate the use of this document, the organizer divided all participants in the organization into groups related to movement within the competition zone (hall) and participants outside the competition zone.

- Competition zone (hall)
- Competitors / participants
- Referees / delegates / organizers / technical service
- Medical procedures / Warming places
- TV broadcast of the competition
- Anti-doping control
- Volunteers

Other participants in the organization who are outside the competition zone of movement (in front of the hall)

- Employees
- Transport service / official drivers
- Physiotherapists / masseurs / medical service
- Media representatives
- Security service
- Logistics / goods acceptance / accreditation service
- Serving food

Audience

Audiences will be accepted during the competition. Sport hall has capacity of 10.000 people spectator area and free car parking spot.







TIMETABLE (Subject to Change)				
Date	Time	Event	Location	
07-Feb-24	08.00-18.00	Registration and Accreditation		
08-Feb-24 09-Feb-24	08.00-18.00	Registration and Accreditation		
	09.00-17.00	Weigh in for Cadets Female Competitors]	
	20.00-21.00	Draw sheets publication		
	08.00-18.00	Registration and Accreditation		
	13.00-14.00	Lunch Break		
	09.00-17.00	Weigh in for Cadets Male Competitors		
	09.00-20.00	Competition Day 1 (Cadets Female Competitors)		
	20.00-21.00	Draw sheets publication		
	08.00-18.00	Registration and Accreditation		
	13.00-14.00	Lunch Break		
10-Feb-24	09.00-17.00	Weigh in for Juniors Female Competitors		
	09.00-20.00	Competition Day 2 (Cadets Male Competitors)		
	20.00-21.00	Draw sheets publication		
	07:00	Publication of Random Weigh in		
	08:00-08:30	Random Weigh-in	Antalya Sports Hall	
	08.00-18.00	Registration and Accreditation		
11-Feb-24	13.00-14.00	Lunch Break		
	09.00-17.00	Weigh in for Juniors Male Competitors		
	09.00-20.00	Competition Day 3 (Juniors Female Competitors)	od	
	20.00-21.00	Draw sheets publication	S	
	07:00	Publication of Random Weigh in	lly.	
	08:00-08:30	Random Weigh-in	nta	
	08.00-18.00	Registration and Accreditation	₹	
12-Feb-24		Lunch Break		
	09.00-17.00	Weigh in for Seniors Female Competitors		
	09.00-20.00	Competition Day 4 (Juniors Male Competitors)		
13-Feb-24	20.00-21.00	Draw sheets publication		
	07:00	Publication of Random Weigh in		
	08:00-08:30	Random Weigh-in		
	08.00-18.00	Registration and Accreditation		
	13.00-14.00	Lunch Break		
	09.00-17.00	Weigh in for Seniors Male Competitors		
	09.00-20.00	Competition Day 5 (Seniors Female Competitors)		
	20.00-21.00	Draw sheets publication		
	07:00	Publication of Random Weigh in		
	08:00-08:30	Random Weigh-in		
14-Feb-24	08.00-18.00	Registration and Accreditation		
	13.00-14.00	Lunch Break		
	09.00-20.00	Competition Day 6 (Seniors Male Competitors)		







MEDAL EVENTS

The following medal events are applicable:

SENIOR DIVISION				
	Male categories	Female categories		
Under 54kg	Not exceeding 54kg	Under 46kg	Not exceeding 46 kg	
Under 58kg	Over 54 kg & Not exceeding 58 kg	Under 49kg	Over 46 kg & Not exceeding 49 kg	
Under 63kg	Over 58 kg & Not exceeding 63 kg	Under 53kg	Over 49 kg & Not exceeding 53 kg	
Under 68kg	Over 63 kg & Not exceeding 68 kg	Under 57kg	Over 53 kg & Not exceeding 57 kg	
Under 74kg	Over 68 kg & Not exceeding 74 kg	Under 62kg	Over 57 kg & Not exceeding 62 kg	
Under 80kg	Over 74 kg & Not exceeding 80 kg	Under 67kg	Over 62 kg & Not exceeding 67 kg	
Under 87kg	Over 80 kg & Not exceeding 87 kg			
Over 87kg	Over 87 kg	Over 73kg	Over 73 kg	
	JUNIOR D	IVISION	Frank, and a set of	
11. 1. 451	Male categories	11. 1. 401	Female categories	
Under 45kg	Not exceeding 45kg	Under 42kg	Not exceeding 42 kg	
Under 48kg	Over 45 kg & Not exceeding 48 kg	Under 44kg	Over 42 kg & Not exceeding 44 kg	
Under 51kg	Over 48 kg & Not exceeding 51 kg	Under 46kg	Over 44 kg & Not exceeding 46 kg	
Under 55kg	Over 51 kg & Not exceeding 55 kg	Under 49kg	Over 46 kg & Not exceeding 49 kg	
Under 59kg	Over 55 kg & Not exceeding 59 kg	Under 52kg	Over 49 kg & Not exceeding 52 kg	
Under 63kg	Over 59 kg & Not exceeding 63 kg	Under 55kg	Over 52 kg & Not exceeding 55 kg	
Under 68kg	Over 63 kg & Not exceeding 68 kg	Under 59kg	Over 55 kg & Not exceeding 59 kg	
Under 73kg	Over 68 kg & Not exceeding 73 kg	Under 63kg	Over 59 kg & Not exceeding 63 kg	
Under 78kg	Over 73 kg & Not exceeding 78 kg	Under 68kg	Over 63 kg & Not exceeding 68 kg	
Over 78kg	Over 78 kg	Over 68kg	Over 68 kg	
	CADET HEIGH			
	Mania division	Max	MINI Waterland	
	Men's division	Mainlet	MIN Weight	
Under 140em		Weight	· ·	
Under 148cm	Not exceeding 148cm	45kg	33kg	
Under 152cm	Not exceeding 148cm Over 148cm & not exceeding 152cm	45kg 48kg	33kg 35kg	
Under 152cm Under 156cm	Not exceeding 148cm Over 148cm & not exceeding 152cm Over 152cm & not exceeding 156cm	45kg 48kg 51kg	33kg 35kg 37kg	
Under 152cm Under 156cm Under 160cm	Not exceeding 148cm Over 148cm & not exceeding 152cm Over 152cm & not exceeding 156cm Over 156cm & not exceeding 160cm	45kg 48kg 51kg 53kg	33kg 35kg 37kg 39kg	
Under 152cm Under 156cm Under 160cm Under 164cm	Not exceeding 148cm Over 148cm & not exceeding 152cm Over 152cm & not exceeding 156cm Over 156cm & not exceeding 160cm Over 160cm & not exceeding 164cm	45kg 48kg 51kg 53kg 56kg	33kg 35kg 37kg 39kg 41kg	
Under 152cm Under 156cm Under 160cm Under 164cm Under 168cm	Not exceeding 148cm Over 148cm & not exceeding 152cm Over 152cm & not exceeding 156cm Over 156cm & not exceeding 160cm Over 160cm & not exceeding 164cm Over 164cm & not exceeding 168cm	45kg 48kg 51kg 53kg 56kg 59kg	33kg 35kg 37kg 39kg 41kg 43kg	
Under 152cm Under 156cm Under 160cm Under 164cm Under 168cm Under 172cm	Not exceeding 148cm Over 148cm & not exceeding 152cm Over 152cm & not exceeding 156cm Over 156cm & not exceeding 160cm Over 160cm & not exceeding 164cm Over 164cm & not exceeding 168cm Over 168cm & not exceeding 172cm	45kg 48kg 51kg 53kg 56kg 59kg 61kg	33kg 35kg 37kg 39kg 41kg 43kg 45kg	
Under 152cm Under 156cm Under 160cm Under 164cm Under 168cm Under 172cm Under 176cm	Not exceeding 148cm Over 148cm & not exceeding 152cm Over 152cm & not exceeding 156cm Over 156cm & not exceeding 160cm Over 160cm & not exceeding 164cm Over 164cm & not exceeding 168cm Over 168cm & not exceeding 172cm Over 172cm & not exceeding 176cm	45kg 48kg 51kg 53kg 56kg 59kg 61kg 64kg	33kg 35kg 37kg 39kg 41kg 43kg 45kg 47kg	
Under 152cm Under 156cm Under 160cm Under 164cm Under 168cm Under 172cm Under 176cm Under 180cm	Not exceeding 148cm Over 148cm & not exceeding 152cm Over 152cm & not exceeding 156cm Over 156cm & not exceeding 160cm Over 160cm & not exceeding 164cm Over 164cm & not exceeding 168cm Over 168cm & not exceeding 172cm Over 172cm & not exceeding 176cm Over 176cm & not exceeding 180cm	45kg 48kg 51kg 53kg 56kg 59kg 61kg 64kg 67kg	33kg 35kg 37kg 39kg 41kg 43kg 45kg 47kg 49kg	
Under 152cm Under 156cm Under 160cm Under 164cm Under 168cm Under 172cm Under 176cm	Not exceeding 148cm Over 148cm & not exceeding 152cm Over 152cm & not exceeding 156cm Over 156cm & not exceeding 160cm Over 160cm & not exceeding 164cm Over 164cm & not exceeding 168cm Over 168cm & not exceeding 172cm Over 172cm & not exceeding 176cm	45kg 48kg 51kg 53kg 56kg 59kg 61kg 64kg 67kg 80kg	33kg 35kg 37kg 39kg 41kg 43kg 45kg 45kg 47kg 49kg 52kg	
Under 152cm Under 156cm Under 160cm Under 164cm Under 168cm Under 172cm Under 176cm Under 180cm	Not exceeding 148cm Over 148cm & not exceeding 152cm Over 152cm & not exceeding 156cm Over 156cm & not exceeding 160cm Over 160cm & not exceeding 164cm Over 164cm & not exceeding 168cm Over 168cm & not exceeding 172cm Over 172cm & not exceeding 176cm Over 176cm & not exceeding 180cm	45kg 48kg 51kg 53kg 56kg 59kg 61kg 64kg 67kg 80kg MAX	33kg 35kg 37kg 39kg 41kg 43kg 45kg 47kg 49kg	
Under 152cm Under 156cm Under 160cm Under 164cm Under 168cm Under 172cm Under 176cm Under 180cm Over 180cm	Not exceeding 148cm Over 148cm & not exceeding 152cm Over 152cm & not exceeding 156cm Over 156cm & not exceeding 160cm Over 160cm & not exceeding 164cm Over 164cm & not exceeding 168cm Over 168cm & not exceeding 172cm Over 172cm & not exceeding 176cm Over 176cm & not exceeding 180cm Over 180cm Women division	45kg 48kg 51kg 53kg 56kg 59kg 61kg 64kg 67kg 80kg MAX Weight	33kg 35kg 37kg 39kg 41kg 43kg 45kg 47kg 49kg 52kg MIN Weight	
Under 152cm Under 156cm Under 160cm Under 164cm Under 168cm Under 172cm Under 176cm Under 180cm Over 180cm Under 144cm	Not exceeding 148cm Over 148cm & not exceeding 152cm Over 152cm & not exceeding 156cm Over 156cm & not exceeding 160cm Over 160cm & not exceeding 164cm Over 164cm & not exceeding 168cm Over 168cm & not exceeding 172cm Over 172cm & not exceeding 176cm Over 176cm & not exceeding 180cm Over 180cm Women division Not exceeding 144cm	45kg 48kg 51kg 53kg 56kg 59kg 61kg 64kg 67kg 80kg MAX Weight 43kg	33kg 35kg 37kg 37kg 39kg 41kg 43kg 45kg 47kg 49kg 52kg MIN Weight 32kg	
Under 152cm Under 156cm Under 160cm Under 164cm Under 168cm Under 172cm Under 176cm Under 180cm Over 180cm Under 144cm Under 148cm	Not exceeding 148cm Over 148cm & not exceeding 152cm Over 152cm & not exceeding 156cm Over 156cm & not exceeding 160cm Over 160cm & not exceeding 164cm Over 164cm & not exceeding 168cm Over 168cm & not exceeding 172cm Over 172cm & not exceeding 176cm Over 176cm & not exceeding 180cm Over 180cm Women division Not exceeding 144cm Over 144cm & not exceeding 148cm	45kg 48kg 51kg 53kg 56kg 59kg 61kg 64kg 67kg 80kg MAX Weight 43kg	33kg 35kg 37kg 39kg 41kg 43kg 45kg 47kg 49kg 52kg MIN Weight 32kg 33kg	
Under 152cm Under 156cm Under 160cm Under 164cm Under 168cm Under 172cm Under 176cm Under 180cm Over 180cm Under 144cm Under 148cm Under 152cm	Not exceeding 148cm Over 148cm & not exceeding 152cm Over 152cm & not exceeding 156cm Over 156cm & not exceeding 160cm Over 160cm & not exceeding 164cm Over 164cm & not exceeding 168cm Over 168cm & not exceeding 172cm Over 172cm & not exceeding 176cm Over 176cm & not exceeding 180cm Over 180cm Women division Not exceeding 144cm Over 144cm & not exceeding 148cm Over 148cm & not exceeding 152cm	45kg 48kg 51kg 53kg 56kg 59kg 61kg 64kg 67kg 80kg MAX Weight 43kg 45kg	33kg 35kg 37kg 39kg 41kg 43kg 45kg 47kg 49kg 52kg MIN Weight 32kg 33kg 35kg	
Under 152cm Under 156cm Under 160cm Under 164cm Under 168cm Under 172cm Under 176cm Under 180cm Over 180cm Under 144cm Under 148cm Under 152cm Under 156cm	Not exceeding 148cm Over 148cm & not exceeding 152cm Over 152cm & not exceeding 156cm Over 156cm & not exceeding 160cm Over 160cm & not exceeding 164cm Over 164cm & not exceeding 168cm Over 168cm & not exceeding 172cm Over 172cm & not exceeding 176cm Over 176cm & not exceeding 180cm Over 180cm Women division Not exceeding 144cm Over 144cm & not exceeding 148cm Over 148cm & not exceeding 152cm Over 152cm & not exceeding 156cm	45kg 48kg 51kg 53kg 56kg 59kg 61kg 64kg 67kg 80kg MAX Weight 43kg 45kg 48kg 51kg	33kg 35kg 37kg 39kg 41kg 43kg 45kg 47kg 49kg 52kg MIN Weight 32kg 33kg 35kg 37kg	
Under 152cm Under 156cm Under 160cm Under 164cm Under 168cm Under 172cm Under 176cm Under 180cm Over 180cm Under 144cm Under 148cm Under 152cm Under 156cm Under 156cm Under 160cm	Not exceeding 148cm Over 148cm & not exceeding 152cm Over 152cm & not exceeding 156cm Over 156cm & not exceeding 160cm Over 160cm & not exceeding 164cm Over 164cm & not exceeding 168cm Over 168cm & not exceeding 172cm Over 172cm & not exceeding 176cm Over 176cm & not exceeding 176cm Over 180cm Women division Not exceeding 144cm Over 144cm & not exceeding 148cm Over 145cm & not exceeding 152cm Over 152cm & not exceeding 156cm Over 156cm & not exceeding 160cm	45kg 48kg 51kg 53kg 56kg 59kg 61kg 64kg 67kg 80kg MAX Weight 43kg 45kg 48kg 51kg	33kg 35kg 37kg 39kg 41kg 43kg 45kg 47kg 49kg 52kg MIN Weight 32kg 33kg 35kg 37kg	
Under 152cm Under 156cm Under 160cm Under 164cm Under 168cm Under 172cm Under 176cm Under 180cm Over 180cm Under 144cm Under 148cm Under 152cm Under 156cm Under 160cm Under 164cm	Not exceeding 148cm Over 148cm & not exceeding 152cm Over 152cm & not exceeding 156cm Over 156cm & not exceeding 160cm Over 160cm & not exceeding 164cm Over 164cm & not exceeding 168cm Over 168cm & not exceeding 172cm Over 172cm & not exceeding 176cm Over 176cm & not exceeding 176cm Over 180cm Women division Not exceeding 144cm Over 144cm & not exceeding 152cm Over 145cm & not exceeding 152cm Over 152cm & not exceeding 156cm Over 156cm & not exceeding 160cm Over 160cm & not exceeding 164cm	45kg 48kg 51kg 53kg 56kg 59kg 61kg 64kg 67kg 80kg MAX Weight 43kg 45kg 48kg 51kg 53kg	33kg 35kg 37kg 39kg 41kg 43kg 45kg 47kg 49kg 52kg MIN Weight 32kg 33kg 35kg 37kg 39kg 41kg	
Under 152cm Under 156cm Under 160cm Under 164cm Under 168cm Under 172cm Under 176cm Under 180cm Over 180cm Under 144cm Under 148cm Under 152cm Under 156cm Under 160cm Under 164cm Under 164cm Under 168cm	Not exceeding 148cm Over 148cm & not exceeding 152cm Over 152cm & not exceeding 156cm Over 156cm & not exceeding 160cm Over 160cm & not exceeding 164cm Over 164cm & not exceeding 168cm Over 168cm & not exceeding 172cm Over 172cm & not exceeding 176cm Over 176cm & not exceeding 176cm Over 180cm Women division Not exceeding 144cm Over 144cm & not exceeding 152cm Over 145cm & not exceeding 156cm Over 156cm & not exceeding 156cm Over 156cm & not exceeding 160cm Over 160cm & not exceeding 164cm Over 164cm & not exceeding 168cm	45kg 48kg 51kg 53kg 56kg 59kg 61kg 64kg 67kg 80kg MAX Weight 43kg 45kg 48kg 51kg 53kg 56kg	33kg 35kg 37kg 39kg 41kg 43kg 45kg 47kg 49kg 52kg MIN Weight 32kg 33kg 35kg 37kg 39kg 41kg 43kg	
Under 152cm Under 156cm Under 160cm Under 164cm Under 168cm Under 172cm Under 176cm Under 180cm Over 180cm Under 144cm Under 148cm Under 152cm Under 156cm Under 160cm Under 164cm Under 164cm Under 168cm Under 172cm	Not exceeding 148cm Over 148cm & not exceeding 152cm Over 152cm & not exceeding 156cm Over 156cm & not exceeding 160cm Over 160cm & not exceeding 164cm Over 164cm & not exceeding 168cm Over 168cm & not exceeding 172cm Over 172cm & not exceeding 176cm Over 176cm & not exceeding 180cm Over 180cm Not exceeding 144cm Over 144cm & not exceeding 148cm Over 148cm & not exceeding 152cm Over 152cm & not exceeding 156cm Over 156cm & not exceeding 160cm Over 160cm & not exceeding 164cm Over 164cm & not exceeding 168cm Over 168cm & not exceeding 168cm Over 168cm & not exceeding 172cm	45kg 48kg 51kg 53kg 56kg 59kg 61kg 64kg 67kg 80kg MAX Weight 43kg 45kg 48kg 51kg 53kg 56kg 59kg	33kg 35kg 37kg 39kg 41kg 43kg 45kg 47kg 49kg 52kg MIN Weight 32kg 33kg 35kg 37kg 39kg 41kg 43kg	
Under 152cm Under 156cm Under 160cm Under 164cm Under 168cm Under 172cm Under 176cm Under 180cm Over 180cm Under 144cm Under 148cm Under 152cm Under 156cm Under 160cm Under 164cm Under 164cm Under 168cm	Not exceeding 148cm Over 148cm & not exceeding 152cm Over 152cm & not exceeding 156cm Over 156cm & not exceeding 160cm Over 160cm & not exceeding 164cm Over 164cm & not exceeding 168cm Over 168cm & not exceeding 172cm Over 172cm & not exceeding 176cm Over 176cm & not exceeding 176cm Over 180cm Women division Not exceeding 144cm Over 144cm & not exceeding 152cm Over 145cm & not exceeding 156cm Over 156cm & not exceeding 156cm Over 156cm & not exceeding 160cm Over 160cm & not exceeding 164cm Over 164cm & not exceeding 168cm	45kg 48kg 51kg 53kg 56kg 59kg 61kg 64kg 67kg 80kg MAX Weight 43kg 45kg 48kg 51kg 53kg 56kg	33kg 35kg 37kg 39kg 41kg 43kg 45kg 47kg 49kg 52kg MIN Weight 32kg 33kg 35kg 37kg 39kg 41kg 43kg	







	WEIGH - IN SCHEDULE / 11th TURKISH OPEN 2024					
	FEB 08	FEB 09	FEB 10	FEB 11	FEB 12	FEB 13
09:00- 09:30	Cadet Female Under 144cm	Cadet Male Under 148cm	Junior Female 42 kg	Junior Male 45 kg	Senior Female 46 kg	Senior Male 54 kg
10:00- 10:30	Cadet Female Under 148cm	Cadet Male Under 152cm	Junior Female 44 kg	Junior Male 48 kg	Senior Female 49 kg	Senior Male 58 kg
11:00- 11:30	Cadet Female Under 152cm	Cadet Male Under 156cm	Junior Female 46 kg	Junior Male 51 kg	Senior Female 53 kg	Senior Male 63 kg
12:00- 12:30	Cadet Female Under 156cm	Cadet Male Under 160cm	Junior Female 49 kg	Junior Male 55 kg	Senior Female 57 kg	Senior Male 68 kg
12:30- 13:00	Cadet Female Under 160cm	Cadet Male Under 164cm	Junior Female 52 kg	Junior Male 59 kg	Senior Female 62 kg	Senior Male 74 kg
13:00- 14:00			LUNCH	BREAK		
14:00- 14:30	Cadet Female Under 164cm	Cadet Male Under 168cm	Junior Female 55 kg	Junior Male 63 kg	Senior Female 67 kg	Senior Male 80 kg
14:30- 15:00	Cadet Female Under 168cm	Cadet Male Under 172cm	Junior Female 59 kg	Junior Male 68 kg	Senior Female 73 kg	Senior Male 87 kg
15:00- 15:30	Cadet Female Under 172cm	Cadet Male Under 176cm	Junior Female 63 kg	Junior Male 73 kg	Senior Female +73 kg	Senior Male +87 kg
15:30- 16:00	Cadet Female Under 176cm	Cadet Male Under 180cm	Junior Female 68- +68 kg	Junior Male 78- +78 kg	REMAINING	REMAINING
16:30- 17:00	Cadet Female Over 176cm	Cadet Male Over 180cm	REMAINING ATHLETES and LATE	REMAINING ATHLETES and LATE	ATHLETES and LATE ARRIVALS	ATHLETES and LATE ARRIVALS
17:00- 18:00		ATHLETES ARRIVALS	ARRIVALS	ARRIVALS		

11th TURKISH OPEN KYORUGI - G-1 | 09-14 FEBRUARY 2024 | ANTALYA / TURKIYE







PERSONAL INDEMNIFICATION FORM

THIS INDEMNIFICATION, HOLD HARMLESS, RELEASE AND CONSENT NOT TO

European attorneys, and other attorneys' against the en(Kyorugi)
covenants e.
o all of the

Please send this form to: tkdturkiyeopen@gmail.com







LIABILITY DECLARATION

(Only for under aged athletes)

My name:
I live in:
I am the parent/guardian of:
Date of birth (competitor)://
I declare that I accept the participation ofat 11th Turkish Open(Kyorugi) on 09-14 February 2024 and that I accept all parts of the official invitation of this tournament. For physical reasons nothing speaks against a participation of the aforementioned athlete, and I understand that all competitors are considered to participate at their own risk. European Taekwondo Union, World Taekwondo and the Organizing Committee assume no responsibility for any damages, injuries or losses. All athletes must bring their own documents and the forms or any medical insurance in Turkiye.
Place:Date:
Signature of the parents/legal guardian:

Please send this form to: tkdturkiyeopen@gmail.com

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