



**(Poomsae) WT President's Cup
- Europe 2023**

**1-2 February 2023 Istanbul/
Turkiye**





Dear friends,

The President's Cup has been established to honor Dr. Chungwon CHOUE, president of World Taekwondo. The event has grown in the past years to our flagship event. We have welcomed thousands of athletes at the previous editions and we hope to welcome you also at the 2023 edition!

I would like to thank Dr. Metin SAHIN and Ali SAGIRKAYA for their continuous support of ETU. With their expertise, I am convinced that the event will be a huge success. Istanbul is our link between Europe and Asia and we hope to welcome athletes from all over the world as Istanbul is the perfect place for a combination of sport and culture!

I am sure, your teams will enjoy the hospitality of the Turkish people and you will have a marvelous time in Istanbul!

Good luck to all the teams!

Yours,

Sakis PRAGALOS
President European Taekwondo Union



Dear Ms./Mr. President,

On behalf of the Turkiye Taekwondo Federation, I am proud to invite you and your athletes to participate in the 8th WT President's CUP, which will be held in Istanbul, Turkiye, Feb 1-2, 2023.

We guarantee high quality organization and competition – with the best international referees in order to guarantee maximum transparency, fairplay & impartiality for the athletes.

On behalf of the Organizing Committee, we would like to ensure that we will make every possible effort in Organizing Committee a successful tournament of the highest technical level.

I look forward to seeing you in Istanbul, Turkiye

Yours faithfully,

A handwritten signature in blue ink, appearing to be 'Metin Şahin', written in a cursive style.

Prof. Dr. Metin ŞAHİN
President
Turkiye Taekwondo Federation



To participate in WhatsApp Group, please enter in WhatsApp application and scan QR Code or just click the link above. Every update will be published in the group.

Click the link below to enter the Whatsapp Group:
<https://chat.whatsapp.com/FUBjwDe0fh08Bjb3NOLRS>

PROMOTER

European Taekwondo Union
Hofstatt 13, 57439 Attendorn | Germany
! info@europeantaekwoundunion.org

SANCTIONED BY

World Taekwondo
10th Floor, Booyoung Taepyeong Building
55, Sejong-daero, Jung-gu, Seoul
Republic of Korea 04513

GLOBAL RANKING

Poomsae : G2

Türkiye Taekwondo Federation
Address Türkiye Taekwondo Federasyonu Balgat Mah. Mevlana Bulvarı Yelken Plaza
No: 139/45 Çankaya / Ankara
[Tel:+905305752700](tel:+905305752700) , [Tel:+903123108816](tel:+903123108816) tkdturkiye@gmail.com

 tkdturkiye@gmail.com

VENUE

GREENPARK HOTEL & CONVENTION CENTER
Kaynarca Mah. Erol
Kaya Cad. No:204
Pendik / İstanbul /
Türkiye

REGISTRATION & ACCREDITATION

From 1st February 2023

Location GREENPARK HOTEL & CONVENTION CENTER



COMPETITION DATES & SCHEDULE

DATE	TIME	EVENT
31 January 2023	09:00-13:00	Registration & Accreditation
	14:00-19:00	
	20:30	Publication of Draw Sheets
1 February 2023	09:00-13:00 Preliminary - Semi Final and Final	Cadet Individual Male / Female
		Junior Individual Male / Female
		Under 50 Individual Male / Female
		Under 60 Individual Male / Female
		Free Style Under 17 Male / Female
	Free Style Over 17 Male / Female	
	13:00- 14:00	LUNCH BREAK
	14:00- 21:00 Preliminary - Semi Final and Final	Under 30 Individual Male / Female
		Under 40 Individual Male / Female
		Under 65 Individual Male / Female
Over 66 Individual Male / Female		
Awarding Ceremony		
2 February 2023	09:00-13:00	Cadet Team Male
		Cadet Team Female
		Junior Team Male
		Junior Team Female
		Under 30 Team Male
		Under 30 Team Female
		Over 30 Team Male
		Over 30 Team Female
		Cadet Pair
		Junior Pair
		Under 30 Pair
		Over 30 Pair
		Free Style Pair Under 17
		Free Style Pair Over 17
		Free Style Mix Team (12 years old and over)
Awarding Ceremony		
NOTE	Under 30 and Under 40 Division will be Single Elimination Tournament System. Other all categories will be Cut of System.	

Location GREENPARK HOTEL & CONVENTION CENTER

DRAW SHEETS & BRACKET PUBLICATION

The draw sheets and brackets will be daily published, one (1) day before the start of competition at 20:00 hrs on the following (social) media platforms:

www.europeantaekwoundunion.org

<https://www.turkiyetaekwondofed.gov.tr/>

www.facebook.com/europeantaekwoundunion

SEEDING

WT Poomsae World Ranking Bylaw in force as of September 2020 shall apply.

COMPETITION RULES

Poomsae / Freestyle: WT Poomsae Competition Rules in force as of May 14, 2019



COMPETITION SYSTEM

Poomsae Recognized: U30 and U40: Single elimination tournament system. Cut-off system for all other A- categories.

Two (2) Poomsae from designated Compulsory Poomsae decided for each division must be performed for all the preliminarily, semi-final and final rounds for all competitions. *(Compulsory Poomsae to be assigned for each division shall be decided at the time of drawing of lots by Technical Delegate in consultation with the ETU officials.)*

Poomsae Freestyle: Cut-off system for all Freestyle categories (single Final Round). *The OC may change this due to organizational matters. Scoring shall be made in accordance with the rules of the WT.*

Athletes must bring their music in **MP3 format on USB-stick**. Apple audio format is not allowed. The music shall be the choice of the contestant, however any political, social and religious content is **not** allowed. **MUSIC MUST NOT CONTAIN ANY KIND OF LYRICS OR WORDS.**

CONTEST TIME

Recognized Poomsae

Individual, Pair, and Team competitions up to 90 seconds. The waiting period between 1st poomsae and 2nd poomsae is minimum of 30 seconds.

Free Style Poomsae

Individual, Pair, and Mixed Team competitions from 90 seconds to 100 seconds.

The WT Technical Delegate has the authority to adjust the contest time as he sees fit.

GENERAL ELIGIBILITY REQUIREMENTS

Each team/club can send as many athletes as they wish per poomsae division to compete in the 8th WT President's Cup POOMSAE 2023 | European Edition.

ELIGIBILITY REQUIREMENTS

1. Holder of a valid 2023 WT Global Athlete License;
2. Member of the team/club of a pertinent Member National Association, recognized by European Taekwondo Union or World Taekwondo;
3. Holder of:
Seniors: a national or Kukkiwon Dan certificate
4. An athlete in order to be eligible for participation must be born in 2006 or before



All competitors must prove their age by presenting their passport or identification card at the official weigh-in. For those athletes that are not adults, a written consent must be submitted (please find enclosed on the last pages) at the registration, signed by one of the parents or legal guardians, accepting their participation and all parts of the official invitation.

COACH ELIGIBILITY REQUIREMENTS

1. Minimum age of 18 years;
2. WT Coach Certificate Level I or above is required;
3. Holder of a valid 2023 WT Global Official License;
4. Coach is not allowed wearing Dobok.
5. 1 coach per 5 athletes is allowed. Exceeding this ratio is subject to an extra fee.

MEDAL EVENTS

The following medal events are applicable:

RECOGNIZED POOMSAE					
INDIVIDUAL 1 Male & 1 Female		PAIR 1 Male & 1 Female		TEAM 3 Males & 3 Females	
Cadets (12-14 yrs)	2	Cadets (12-14 yrs)	2	Cadets (12-14 yrs)	6
Juniors (15-17 yrs)	2	Juniors (15-17 yrs)	2	Juniors (15-17 yrs)	6
Under 30 (18-30 yrs)	2	Under 30 (18-30 yrs)	2	Under 30 (18-30 yrs)	6
Under 40 (31-40 yrs)	2	Over 30 (31+ yrs)	2	Over 30 (31+ yrs)	6
Under 50 (41-50 yrs)	2				
Under 60 (51-60 yrs)	2				
Under 65 (61-65 yrs)	2				
Over 65 (66+ yrs)	2				
Totals	16		8		24

FREESTYLE POOMSAE					
FS INDIVIDUAL 1 Male & 1 Female		FS PAIR 1 Male & 1 Female		FS MIXED TEAM 3 Males & 2 Females 2 Males & 3 Females	
Under 17 (12-17 yrs)	2	Under 17 (12-17 yrs)	2	12+ yrs	5+ 1(s u bstit ute)
Over 17 (17+ yrs)	2	Over 17 (17+ yrs)	2		
Totals	4		4		5+ 1

*** Note: Contestants may compete in maximum two (2) categories in (Recognized**



Poomsae and / or Freestyle Poomsae) of competition unless he or she is limited by gender or age.

COMPULSORY A – TAEGEUK / POOMSAE to be Performed		
INDIVIDUAL - POOM OR DAN GRADES		
Cadets 12 - 14 yrs	Taegeuk 4, 5, 6, 7, 8 jang, Koryo, Keumgang	
Juniors 15 - 17 yrs	Taegeuk 4, 5, 6, 7, 8 jang, Koryo, Keumgang, Taebak	
18 - 30 yrs	Taegeuk 6, 7, 8 jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin	
31 - 40 yrs		
41 - 50 yrs	Taegeuk 6 jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae, Chonkwon	
51 - 60 yrs	Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu	
61 - 65 yrs		
66+ yrs		
	PAIR - POOM OR DAN GRADES (1 male + 1 female)	TEAM - POOM OR DAN GRADES (3 male or 3 female)
Cadet 12 - 14 yrs	Taegeuk 4, 5, 6, 7, 8 jang, Koryo, Keumgang	Taegeuk 4, 5, 6, 7, 8 jang, Koryo, Keumgang
Junior 15 - 17 yrs	Taegeuk 4, 5, 6, 7, 8 jang, Koryo, Keumgang, Taebak	Taegeuk 4, 5, 6, 7, 8 jang, Koryo, Keumgang, Taebak
18 - 30 yrs	Taegeuk 6, 7, 8 jang, Koryo Keumgang, Taebak, Pyongwon, Shipjin	Taegeuk 6, 7, 8 jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin
31+ yrs	Taegeuk 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae, Chonkwon	Taegeuk 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae, Chonkwon

SPORT ENTRIES

Team entries will only be accepted through the WT GMS online registration system Simply Compete.

Registration of athletes is only possible with a valid 2023 WT Global Licence (GAL issued by assigned GMS club, Edition and MNA Administrators only). Please find below the direct link to the WT GMS platform:

<https://worldtkd.simplycompete.com/>

REGISTRATION DEADLINE

26 January 2023, 23:59 CET

This deadline is applicable for all sport entries, payments and admitting all required documents.

APPLICABLE FEES



Regular entry fee

Entry Fee (payment from: €120 euro per registered division)

On-site Change of medal event (weight division)

€50 for each weight change after deadline.

Additional Accreditation cards

€50 for each on-site approved additional requested Accreditation card.

Extra Coaches

€50 for each coach exceeding the 1:5 ratio

Protest fee

€200. In case of an official protest submitted according to WT Rules, a non-refundable €200 fee shall be paid. Make sure the protest form is used (see attached at the end) and be aware that the protest is made in time!!

PAYMENT ENTRY

All entry fees shall be paid in advance to Turkiye Taekwondo Federation.
All bank transfer shall be paid to the following bank account:

Beneficiary: TURKIYE TAEKWONDO FEDERASYONU
Name of the bank: TURKIYE GARANTI BANKASI AS
IBAN: TR52 0006 2000 7110 0009 0853 24
BIC/SWIFT: TGBATRISXXX
Bank address: HACI BAYRAM MAH ANAFARTALAR CAD NO:17 ULUS ALTINDAG ANKARA

NOTE: Bank transaction expenses should be set to "OUR". If set to "SHA" then the team may be asked to pay at Registration & Accreditation Centre any differences that may occur at the final amount remitted.

Payment reference

PCTURKIYE plus TEAM NAME

Example

PCTURKIYE Team Italy

SUBMIT A COPY OF YOUR PAYMENT AT:

tkdturkiye@gmail.com



PROOF OF PAYMENT REQUIREMENT

Athlete sport entries may be deleted if no payment has been received. Each team shall inform Türkiye Taekwondo Federation of their entry fee payment by submitting the transfer slip before the registration and payment deadline at tkdturkiye@gmail.com

Athletes that are registered and not participating shall be deleted from the system BEFORE the registration deadline. If they are not deleted from the system they are considered as participating athletes and their entry fee shall be paid in full, even if they do not show up at the event.

NO REFUND

European Taekwondo Union and/or the Organizing Committee do not refund entry fees paid.

ACCREDITATION CARD DISTRIBUTION

Registered teams only receive the athlete and official's accreditation cards if all financial obligations have been fulfilled. For all registered athletes, the entry fee has to be paid before the accreditation cards will be distributed to the respective team.

SPORT EQUIPMENT

Mats

WT recognized mats will be used at the event

Mats

WT Recognized mats will be used at the event

Dobok

Athletes can only use WT recognized products while participating at the event. See a list of recognized products at: <http://www.worldtaekwondo.org/wtpartners-wt/recognize.html>

Approved Poomsae Competition Uniforms

1. Cadet Division (Ages 12-14): White top with red and black collar, plus blue pants for males; the same top, but with red pants, for females.
2. Junior and Senior Division (Ages 15-50): White top with dark blue pants for males; white top with light blue pants for females.
3. Master Division (Ages 51 and up): Yellow top and dark blue pants for both males and females.

FIELD OF PLAY REGULATIONS

By accepting a European Taekwondo Union accreditation card, all accredited persons



agree to comply with the Field of Play regulations applicable at European Taekwondo Union events.

AWARDS

Individual awards

1st place – gold medal and certificate

2nd place – silver medal and certificate

3rd place – bronze medal and certificate

3rd place – bronze medal and certificate

MEDICAL AND ANTI-DOPING

Applicable medical rules

The WT Medical Code, WT mouthguard, bracing, taping, padding and piercing rules are applicable, which all MNA participating this event must comply.

Applicable doping rules

The WT Anti-Doping Rules and the WADA Anti-Doping Code are applicable. Compulsory random doping tests will be conducted among the all athletes. World Taekwondo and/or WADA may carry out random out-of-competition testing prior to the event.

Therapeutic Use Exemption

Athletes who take any substance or medicine listed in the “Prohibited List” of the WT Anti-Doping Rules and WADA Anti-Doping Code for therapeutic purposes are requested to submit TUE applications via ADAMS, together with the required medical information. Otherwise, please download the TUE Application Form (found on <https://ita.sport/TUE>), and once duly completed and signed, send it together with the required medical file to tue@ita.sport. Report TUE applications also to the WT Sport Department via antidoping@worldtaekwondo.org by no later than 15 January 2023.

ADAMS login

For ADAMS login, please contact National Anti-Doping Organization (NADO) in your country or tue@ita.sport with copy to antidoping@worldtaekwondo.org

For more details, please visit

<http://www.wada-ama.org/en/ADAMS/>

http://www.worldtaekwondo.org/anti_doping-wt/therapeutic.html

MEDIA AND PRESS

Media accreditation



Registered media and press officials or official photographers are entitled to receive a media and press accreditation card. For more information, please contact the European Taekwondo Europe Union at media@europeantaekwoundunion.org.

Photo positions

All accredited photographers are only allowed to use the designated photo positions while working in the Field of Play. By accepting a media and press accreditation, the accredited person agrees to follow at all times the instructions of the European Taekwondo Union Media and Press officer.

ACCOMMODATION

Hotel accommodation

All accredited club/teams participating at the event shall mandatorily book their hotel accommodation via the Organizing Committee. Any athletes or team members that do not comply with this regulation, they have to pay 75 Euros Penalty for Each registered team members.

Transportation

The Organizing Committee shall provide transportation between the airport and hotel and vice-versa and between the hotel and the competition venue for those teams that have booked their hotel via the Organizing Committee.

PLEASE REFER TO THE ACCOMMODATION & TRANSPORTATION FORMS

HASH TAGS & SOCIAL MEDIA

Hash tags

European Taekwondo Union uses the following hash tags:

#taekwondoeurope

#taekwondofamily

#PC2023

Social media platforms

European Taekwondo Union is present at the following social media platforms:

Facebook: @europeantaekwoundunion

Facebook: @tkdfed

Instagram: @tkdeurope

Instagram: @tkdfed

Twitter: @tkdeurope

YouTube Channel: European Taekwondo Union

INDEMNITIES



It is the responsibility of each registering team to ensure that their athletes and team officials have filled out the indemnification forms correctly and have duly signed them, thereby indemnifying WT, ETU, the Organizing Committee and all other officials and athletes from any claims of injuries, losses or otherwise arising in the course of participation at the 8th WT President's Cup 2023 | European Edition or any activities linked therewith.

It is the responsibility of each registered team to ensure and guarantee that sufficient insurance coverage has been arranged for all athletes, team officials and other participants. Without sufficient insurance coverage, teams will not be allowed to compete. Please fill out the Personal Indemnity Forms and return them to the Organization Committee before the deadline. Each participant (athletes, team officials, etc.) has to fill out the indemnification form.

MEDICAL INSURANCE

All participating athletes, coaches, team officials, technical officials and participants at ETU events shall have mandatorily an international medical insurance that covers medical care (COVID included) and in case of emergency, repatriation to the country of origin, valid on the days present in the host country of the event. ETU nor the Organizing Committee shall be responsible to cover any medical costs incurred for medical treatment before, on or during the competition or repatriation in the broadest sense of the word.

All relevant documents proving that such an insurance is present, including insurance policy papers, should be taken to the event in case a medical situation occurs.

Each MNA/Club, Team doctor or team medical staff must ensure their athletes and team officials have valid international health insurance that covers medical and emergency care at the designated hospitals in Turkiye before arrival to the venue.



PERSONAL INDEMNIFICATION FORM

THIS INDEMNIFICATION, HOLD HARMLESS, RELEASE AND CONSENT NOT TO SUE executed this on: _____(insert date of signing).

I, the undersigned, certify that I will indemnify, hold harmless and release the European Taekwondo Union, World Taekwondo and the Organizing Committee, its executive board members, directors, officers, members, employees, consultants, agents, attorneys, contractors (including without limitation sponsors, suppliers, licensees and other representatives (each, an "Indemnitee" and, collectively, "Indemnitees"), from and against any and all damages, injuries, penalties, fines, claims, suits, liabilities, costs, attorneys' fees court costs and expenses of every kind and nature suffered by or asserted against the Indemnitee as a direct or indirect result of participating in the 8th WT President's Cup 2023 | European Edition on 1-2 February 2023 in the broadest sense of the word.

By signing and submitting the form below, I accept and agree to the terms and covenants contained in this Indemnification, hold harmless, release and consent not to sue.

I verify that by signing and submitting this form, that I have read and agree to all of the terms and conditions provided above.

Name: _____

Date: _____

Signature:

In case the person involved is a minor, the legal guardian has to sign:

Name: _____

Relation towards the

minor _____

Date: _____

Signature:

Please send this form to: tkdturkiye@gmail.com



LIABILITY DECLARATION
(only for under aged athletes)

My name:

I live in:

I am the parent/guardian of:

Date of birth (competitor): _____/_____/_____

I declare that I accept the participation of _____ at the 8th WT President's Cup 2023 | European Edition on 1-2 February 2023 and that I accept all parts of the official invitation of this tournament.

For physical reasons nothing speaks against a participation of the aforementioned athlete and I understand that all competitors are considered to participate at their own risk. European Taekwondo Union, World Taekwondo and the Organizing Committee assume no responsibility for any damages, injuries or losses. All athletes must bring their own documents and the forms or any medical insurance in Turkiye.

Place: _____ Date: _____

Signature of the parents/legal guardian:

Please send this form to: tkdturkiye@gmail.com



VISA ASSISTANCE FORM

You should apply <https://www.evisa.gov.tr/en/> by online.

If your country is not applicable for e-visa, you should go directly to nearest Turkish Embassy personally, to apply.



PROTEST FORM

Name athlete:

WT Licence no.:

Division:

End time of the pertinent contest:

Rule violation: Please specify on what ground the protest is being made, clarify which article of the WT competition has been breached according to you.

To be filled out by ETU official:

Time of protest submitted:

Process fee paid: